

Alex Brake, from Webb City, MO, began her collegiate career at Labette Community College in Parsons, KS, where she went 47-19 playing for Ryan Phillips. She helped lead the Cardinals to back-to-back fifth place finishes at the NJCAA National Tournament, where she was selected to the All-Tournament Team both years. In her freshman year, she threw a no-hitter at the National Tournament. She holds the record for single game strikeouts (15) in a National Tournament as well as fewest hits allowed in a National Tournament game. For her efforts, she was the first ever two-time NJCAA National Pitcher of the Year. In addition, she was a two-time NJCAA and NFCA 1<sup>st</sup> Team All-American. As a freshman, she was the KJCCC Player of the Year, and as a sophomore, she was the Labette Community College Female Athlete of the Year. Alex holds single season and career records at Labette for appearances, wins, innings pitched, strikeouts, and ERA.

As a junior, she transferred to Division I University of Tennessee – Knoxville, where she went 1-0 playing for Ralph and Karen Weekly. Her senior year, she transferred to Division II Rogers State University in Claremore, OK, where she went 15-7 playing for Andrea Vaughan. For her efforts at RSU, she was named Heartland Conference Pitcher of the Week 3 times and helped lead the Hillcats to their first ever Regional tournament.

She has extensive experience with all age groups of pitchers and her goal is to help girls learn the basic skills and transform into an elite, well-rounded pitcher. She enjoys working on fundamentals as well as spins, conditioning drills, and mental aspects of the game.