

## **Troy Scribner**

Private + Group Instructor for Baseball Pitching Ages 12+

- Former professional baseball player in the Major & Minor Leagues.
- Played Division I college ball at Sacred Heart University.
- Spent 7 years in pro ball for:
  - Houston Astros (Minor League)
  - LA Angels (Major & Minor Leagues)
  - Arizona Diamondbacks (Major & Minor Leagues)
  - Sugarland Skeeters in 2019.
- Knowledgeable in physical and mental baseball development, specifically in elite pitching.  
Troy is also experienced in baseball strength & conditioning.